

The Cell Phone



I hope that you stop and reflect with these poems. They are meant to ponder over and to ask yourself some basic questions about life. I sincerely hope that they will trigger a longing inside to search for the diamond that exists inside of you.

I wish to offer my humble gratitude to my brother John. John did all the music for this CD I believe that poetry and music together can enhance the poetic experience. It adds an extra layer of emotion. Unfortunately, in America, poetry has taken a back seat in our culture. Let's bring back the power of the spoken word.

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Did Christ Meditate?

When you pray you talk to God.

When you meditate God talks to you.

Did Christ meditate?

He was in constant meditation and prayer.

His whole life was teaching man to go within.

Lo and behold the kingdom of God lies within.

All the great masters said the same thing.

Christ showed the way to come back home.

The journey is the same.

Many people cringe when they hear the word meditate.

It's like today when people hear the word rap.

But all meditating is to connect to your heart.

Over time you become one with it.

Doesn't that seem simpler?

Faith

With the faith of a mustard seed, you can move mountains.

What happens to you, you can be in a place where everything will be all right.

In times of trouble, God is there holding you in your arms.

This is not blind faith.

Faith builds day by day.

As the years go by you can see how God is part of your life.

You are never alone.

Lesions keep coming your way.

We can never say I've mastered life.

Life always has a curveball along the way.

Yet we do have faith.

We have the experience that we aren't alone.

We feel that movement by moment.

Faith will lead us along this path of life.

Five Internal Senses

I have studied Meditation for fun for a very long time.

I have learned the following.

Just like we have 5 external senses to be in this world.

We have 5 internal senses to be in God's world.

The kingdom of heaven is within.

We are born to be hard-wired with God.

There is so much of God just contained in our DNA.

We were created to experience so much more than we have.

Our car is just sitting in the garage.

All the great masters have said to go within.

Use your internal senses and experience, God.

There is a light to see.

This light is pure love.

Listen to the ringing in your ears.

This will help start your journey.

Behind your breath feel the power of love.

The universe is behind your breath.

This is not some theory.

Millions of people are experiencing this in this moment.

You can solve this puzzle.

Open up your eyes.

Help Is On The Way

Darkness has been in control for thousands of years.

Just take a look at our history.

Wars have been fought in the name of this and that.

Countless wars in the name of God.

We are at a turning point.

Man has said enough is enough.

We want the light to shine upon this land.

The light of God dispels the darkness.

Does the entire universe listen to our calls?

We made a conscious choice only a few years ago.

Everything is set into motion.

The planet changes.

Even the magnetics of the earth has changed.

A great revolution is taken place without any violence or guns.

The old energies of anger and war are disappearing.

Love for mankind is on the way.

Help is on the way.

Open up your eyes.

Just One More Book

When I was young I was looking for a book that would give me all the answers.

I read all the holy books.

I would think just one more book.

I'll find it.

Yet a book can only talk about truth.

It is not truth.

It is a part of the truth.

It describes truth.

One day I discovered that truth exists hidden in our hearts.

The truth was there all the time just waiting to be discovered.

Little Drops Of Mercy

Did you know that with every small gesture you make little drops of mercy fall
from heaven?

This one small act makes God proud.

Imagine if the entire world would make one small gesture day by day.

God doesn't bring peace on earth.

Only humans can.

God is our coach in life.

He will not play the game for you.

Nobody gets a free ride.

Little drops of mercy fall from heaven.

The Cell Phone

Is the cell phone good or bad?

How many people die from a car crash speaking on the phone?

How many people are lost messaging someone?

Are we lost without our phones?

We can't drive anywhere but with Google maps.

Is any phone call truly life and death?

Do we really need another Facebook post?

Do we need to tweet at 3:00 in the morning like the Donald?

Are we so distracted we add another layer to the complexities of life?

Are we going further away from our true home?

Is the tech world more real than our actual world?

Do you have your cell phone on while you are having dinner with your family?

How about Mothers talking on their cell phone while strolling their newborn in the park?

Whatever happened to be here now?

We are slowly going down the drain.

The Party

Before we come into this world there is a grand party.

The party is held in our honor.

All our friends and family are there.

After the party is over we are born onto this magnificent earth.

We are still intoxicated from the night before.

A newborn baby's smile fills the air with love.

As we grow older we forgot where we came from.

We get so serious.

We have forgotten our way.

When we die another great party is given.

It doesn't matter if you are a saint or a sinner.

The party is in our honor.

God is welcoming us back home.

We have the opportunity to know God while we are alive.

The choice is ours.

The Universe Is Supporting You

Did you know the universe is supporting you?

You are never alone.

It just seems that way.

God's arm is always stretched open to us.

Yet we don't have eyes to see.

The earth we walk on knows our name.

Yet we walk upon her with our cell phones lost in Pokémon.

Have many layers are we away from knowing the truth?

There are signs everywhere to look within your heart.

We go on and on in this life looking for answers.

The only answer lies within you.

Solve this riddle and you will understand what I'm talking about.

There Is A Point In Life

There is a point in life when we question what purpose do I have.

What is the meaning of life?

I'm having a good time.

I'm making a lot of money and I'm partying on the weekends.

I'm traveling all around the world.

I live in a grand house.

But there is a mosquito in my mind.

I can't sleep at night.

I am restless.

What is going on?

This is a turning point in life.

You can have all of this yet true happiness lies inside.

The journey of self-discovery begins within.

Nobody will take away your treasures.

The endless treasure lies in your heart.

What Makes Us Special?

What makes us special?

Why is man so unique?

We are created in the image of our father.

Can you imagine even in our DNA God is hiding there waiting to be discovered?

How wondrous is that?

Inside every cell, God is hiding.

We have free choice.

Masters have come and gone.

They have all said the same thing.

The kingdom of heaven is within.

Isn't it about time you discovered?

The coach is there guiding you.

He is saying only you can discover your true home.

Why Do I Write These Poems?

Why do I write these poems?

I love to share from the bottom of my heart.

My words are simple.

I'm not trying to convince anyone.

These aren't words of conversion.

These are words of love.

I don't have anything to prove.

Some people will like them while others will say this is a waste of time.

Somewhere deep inside of me, the words need to come out.

From these words, a small and simple poem arises.

Hope you will enjoy them.